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The culture within a workplace is a dynamic element shaped by managers, employees, and external factors. However, it is important that the culture evolves in a positive direction, as it directly impacts employees' health and well-being.

A workplace has its own unique culture, shaped by shared values, norms, and behaviors. The culture is immediately evident in things you sense, see, and hear when you step into the workplace, such as the décor, attire, and tone of voice. However, culture also manifests in more subtle aspects, including communication, leadership approaches, collaboration dynamics, and qualities valued in a colleague. It can be difficult to recognize the culture when you've been at the same workplace for a while, but it's important to understand how the existing culture impacts employees and their work experience.

At PrimaCare, we offer presentations on creating a healthy workplace culture. You will gain valuable insights into effective communication and collaboration, along with strategies for proactively creating and sustaining a positive culture. Our goal is to help prevent issues such as poor well-being, conflicts, and teamwork challenges.

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